



Deepen Your Lenten Experience

Catholic Relief Services' Operation Rice Bowl

can help your parish and school community bring to life the rich Lenten spiritual practices of prayer, fasting and almsgiving as we prepare to celebrate Christ's resurrection.

Parishes can provide parishioners with easy-to-use materials for incorporating Lenten spirituality and the global mission of the Church into individual and family life. Operation Rice Bowl also provides resources for liturgy, Lenten devotions, and parish activities.



Schools and Religious Education Programs can explore Catholic social teaching and our commitment to those who are poor and hungry in the context of our Lenten observances. CRS' Operation Rice Bowl provides lesson plans, videos, a Lenten prayer service, and other resources for schools and religious education programs.



Families and Individuals can bring the spirituality of Lent into daily life using prayer resources, fun family activities, and the traditional symbolic rice bowl to practice sacrificial giving during this holy season.



Catholic Relief Services is the official international humanitarian agency of the Catholic community in the United States. We alleviate suffering and provide assistance to people in need in nearly 100 countries, without regard to race, religion or nationality.



Photo by David Snyder/CRS

**Download or order free materials in English or Spanish
at orb.crs.org or by calling 1-800-222-0025.**

Find us on facebook!
Search: CRSOperationRiceBowl